






















































 Cereal containing gluten	 Milk	 Egg	 Fish	 Soya	 Celery	 Mustard	 Sulphur Dioxide	 Peanut	 Tree Nut	 Sesame seed	 Lupin	 Mollusc	 Crustacean
MAINS														
Pork in Creamy Mustard Sauce	X (Wheat)	X	MC		MC	MC	X							
Chicken & Chorizo Paella		X												
Roast Beef														
Yorkshire Pudding	X (Wheat)	X	X											
Gravy (Knorr)														
Lamb Slice	X (Wheat, MC Barley, MC Oats, MC Rye)													
Fish Fillet	X (Wheat)			X										
Smoked Mackerel Tacos	X (Wheat)			X										
Hunters Chicken		X												
Mediterranean Chicken		X												

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MAINS														
Roast Pork														
Minced Beef & Mushroom Pot Pie	X (Wheat, MC Barley, MC Oats, MC Rye)				X									
Shepherd's Pie Topped with Sweet Potato	MC				X	MC								
Beef Burrito	X (Wheat)				X									
Lemon & Thyme Roast Chicken														
Cornish Pasty	X (Wheat, MC Barley, MC Oats, MC Rye)		X											

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	 Cereal containing gluten	 Milk	 Egg	 Fish	 Soya	 Celery	 Mustard	 Sulphur Dioxide	 Peanut	 Tree Nut	 Sesame seed	 Lupin	 Mollusc	 Crustacean
VEGETARIAN MAINS														
Cheese & Tomato Galette (V)	X (Wheat, MC Barley, MC Oats, MC Rye)	X												
Vegan Chilli Loaded Potato Skins (Ve)			X											
Minted Yoghurt (using Alpro Soya Yoghurt)			X							MC				
Green Mac & Cheese (V)	X (Wheat)	X					X							
Mild Vegetable Curry (Ve)														
Quorn Nugget Tacos (Ve)	X (Wheat)													
Chilli Pineapple Salsa														
Rainbow Parmigiana (V)	X (Wheat)	X	X		X									
Caribbean Quorn Curry (Ve)			X											
Sausage Casserole (V)	X (Wheat)				X	X								
Loaded Vegetable Samosas (Ve)	X (Wheat)				X	MC	MC	X			MC			
Vegan 'Meatball' Sub (Ve)	X (Barley, Wheat)	MC	MC		X	MC	MC				MC			

	 Cereal containing gluten	 Milk	 Egg	 Fish	 Soya	 Celery	 Mustard	 Sulphur Dioxide	 Peanut	 Tree Nut	 Sesame seed	 Lupin	 Mollusc	 Crustacean
VEGETARIAN MAINS														
Sticky Veggie Sausages (Ve)	X (Barley, Wheat)				X									
Cheese and Sweet Potato Slice (V)	X (Wheat, MC Barley, MC Oats, MC Rye)	X												
Veggie Sausages (V)	X (Wheat)				X									
Giant Yorkshire	X (Wheat)	X	X											
Special Fried Quorn Rice (Ve)	X (Wheat)		X		X									
Spring Roll	X (Wheat)				X	X	MC				MC			
Sloppy Joe (Ve)	X (Wheat)				X	X					X			















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SIDE DISHES	 Cereal containing gluten	 Milk	 Egg	 Fish	 Soya	 Celery	 Mustard	 Sulphur Dioxide	 Peanut	 Tree Nut	 Sesame seed	 Lupin	 Mollusc	 Crustacean
Mashed Potatoes		X				MC								
Roast Potatoes						MC								
Wholemeal Pasta	X Wheat													
New Potatoes														
Oven Chips														
Sweet Potato Wedges														
Garlic Bread (using Best of Both)	X Wheat	MC	MC	X										
Brown and White Rice														
Mustard Mash							X							
Cous Cous	X Wheat				MC									
Diced Potatoes														
Potato Wedges														
Mixed Salad														

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

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	 Cereal containing gluten	 Milk	 Egg	 Fish	 Soya	 Celery	 Mustard	 Sulphur Dioxide	 Peanut	 Tree Nut	 Sesame seed	 Lupin	 Mollusc	 Crustacean
DESSERTS														
Cherry Pancakes	X (Wheat)	X	X		X									
Oat & Raisin Cookie	X (Wheat, Oats)													
Pear Crumble	X (Wheat)													
Chocolate Custard		X												
Chocolate Cookie	X (Wheat)													
Banana Muffins	X (Wheat)	X	X											
Orange Shortbread	X (Wheat)													
Banana Bread	X (Wheat)		X											
Toffee Apple Date Cake	X (Wheat)	MC	X											
Custard		X												
Lemon & Parsnip Muffins	X (Wheat)		X											
Chocolate Brick Wall	X (Wheat)													
Lemon Shortbread	X (Wheat)													
Apple Turnover	X Wheat													
Peach Sponge	X (Wheat)	X	X		X									

														
DESSERTS	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crustacean
Chocolate & Courgette Muffin	X (Wheat, MC Barley, MC Oats)	MC	X											
Spiced Orange Bun	X (Wheat)	MC	MC		MC									
Shortbread	X Wheat													
Fresh Fruit Wedges*														
Yeo Valley Yoghurt (Strawberry)		X												
Yeo Valley Yoghurt (Raspberry)		X												
*if with Lemon Juice								X						

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HALAL	Cereal containing gluten	Milk	Egg	Fish	Soya	Celery	Mustard	Sulphur Dioxide	Peanut	Tree Nut	Sesame seed	Lupin	Mollusc	Crustacean
Chicken in Creamy Mustard Sauce	X (Wheat)	X	MC		MC	MC	X							
Chicken Paella														
BBQ Chicken	X (Wheat)				X									
Roast Chicken														

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