

## Student glossary of services

### Generic student support

Childline	<a href="http://www.childline.org.uk">http://www.childline.org.uk</a> 0800 1111
Kooth online counselling	<a href="https://www.kooth.com">https://www.kooth.com</a>
CAMHS crisis	01923 633400
Samaritans	116 123
MindEd UK	<a href="https://www.minded.org.uk/">https://www.minded.org.uk/</a>
Young Minds	<a href="http://www.youngminds.org.uk/">http://www.youngminds.org.uk/</a>

### LGBT support

Who not what student group – Herts County council	<a href="http://www.youthconnexions-hertfordshire.org">http://www.youthconnexions-hertfordshire.org</a>
Gendered intelligence – trans support services	<a href="http://genderedintelligence.co.uk/trans-youth/youth-group">http://genderedintelligence.co.uk/trans-youth/youth-group</a>
Stonewall	<a href="http://www.stonewall.org.uk">http://www.stonewall.org.uk</a>

### Self-harm support

Self-harm UK	<a href="https://www.selfharm.co.uk/">https://www.selfharm.co.uk/</a>
Youth Scape	<a href="https://www.youthscape.co.uk/">https://www.youthscape.co.uk/</a>
Alumina	<a href="http://alumina.selfharm.co.uk/">http://alumina.selfharm.co.uk/</a>

### Anxiety, stress and depression support

Blurt Foundation	<a href="http://blurtitout.org/">http://blurtitout.org/</a>
Beat it	<a href="http://www.beatit.org">http://www.beatit.org</a>
Respect Yourself	<a href="http://respectyourself.org.uk">http://respectyourself.org.uk</a>

### Bullying

Anti-bullying pro campaign	<a href="http://www.antibullyingpro.com/">http://www.antibullyingpro.com/</a>
Kid Power	<a href="http://www.kidpower.org">http://www.kidpower.org</a>
Kidscape	<a href="http://www.kidscape.org.uk">http://www.kidscape.org.uk</a>

### Bereavement

Winston's wish	<a href="http://www.winstonswish.org.uk">http://www.winstonswish.org.uk</a>
Grief Encounters	<a href="http://www.griefencounter.org.uk/">http://www.griefencounter.org.uk/</a>
Child Bereavement	<a href="http://childbereavementuk.org">http://childbereavementuk.org</a>

### Eating disorders

B-eat charity	<a href="https://www.b-eat.co.uk/">https://www.b-eat.co.uk/</a>
Fixers Teenage eating disorders	<a href="http://www.fixers.org.uk/fixing-eating-disorders/">http://www.fixers.org.uk/fixing-eating-disorders/</a>