

YEAR 10 GCSE PE SUMMER PROJECT

DRUGS IN SPORT

There are many banned drugs in sport and they are often referred to as performance enhancing drugs. You must explain the benefit and the side effect of each drug and then find a sporting professional who has taken the drug or give examples of sports the drug is liked to be used in.

These are the performance enhancing drugs that are used:

Stimulants –

Narcotic analgesics –

Anabolic agents –

Peptide Hormones –

Diuretics –

Blood doping –

Beta Blockers –

